

# TABLE TENNIS COVID SAFETY

## Welcome to Roster's!

**Please review the following COVID safety rules carefully so that we can ensure this season is as safe as possible for everyone.** Our full COVID safety plan is posted at the club entrance. To review the latest ViaSport sport specific guidelines, visit <https://www.viasport.ca/return-sport>

1. Table tennis is considered a moderate risk activity. Participation is not recommended for people who are over 65 years, immuno-compromised, or who have underlying health conditions or household contacts deemed to be higher risk.
2. Please do not enter The Roster facility if:
  - you don't feel well or are displaying symptoms of COVID-19
  - someone in your household has COVID-19 or is showing symptoms of COVID-19
  - you or someone in your household has traveled outside of British Columbia within the last 14 days
  - you have been in contact with a known/presumptive case of COVID-19 in the last 14 days.
3. Maximum 4 players on a table at a time.
4. Physical distancing of 2 meters must be practiced whenever possible on court and OFF COURT AT ALL TIMES. No unnecessary contact such as high fives, handshakes, etc. Avoid touching your face during play.
5. Entry Process: Please arrive no earlier than 5 minutes before your scheduled game. Each time you enter the club, please sign in at front desk to answer COVID-19 screening questions. Limit what you bring. Bring your own water bottles, towels and other personal items and keep contained in an athletic bag – Do not share. Pack sanitizer and wash your hands immediately before, during and after playing.
6. Please sanitize any surfaces you touch including lockers, court door handles and equipment before and after use. Use your own ball. Sanitizer is provided at cleaning stations throughout the club.
7. DO NOT TOUCH / WIPE COURT WALLS.
8. To maintain occupancy limits, only participants involved in the activity will be permitted inside. Please stay on court for the duration of your booked time (no in and out between sessions). Spectators are not permitted. DO NOT CONGREGATE IN HALLWAYS and consider wearing a mask when you are off court.
9. FOOD AND BEVERAGE IS NOT PERMITTED IN THE PLAYING AREAS. If you wish to socialize after your game, please do so respecting physical distancing in the players' lounge or the licensed area outside court 7 in a designated seat
10. Outbreak Plan: If you become sick, self isolate immediately, call Roster's and let the office manager know, and use the COVID-19 assessment tool or call 8-1-1 for further health advice.

**We're all in this together! Thanks for your cooperation! Stay safe and have fun!**